

# Breakfast Selector

## 'Full Cooked Scottish Breakfast'

Porridge Oats, soft Brown Sugar, pouring Cream

Assorted Cereals, Highland Dairy Milk

Heather Honey Glazed ½ Pink Grapefruit with a hint of Dark Rum

Pure Venison Sausages, Cured Back Bacon, Finest Stornoway Black Pudding,  
Sautéed Mushrooms, Stewed Plum Tomatoes, Organic Free Range Eggs:  
Boiled, scrambled or poached

Bubble & Squeak, Free Range Fried Egg, Baby Spinach & Tomato Salsa (V)

Grilled Mallaig Kippers with Lemon & Sautéed Parsley buttered Potatoes (supplement)

Local Smoked Salmon Florentine (supplement)

Toasted White & Malted Breads with Preserves & Butter

Organic Ground Coffee, Fair-Trade Tea, Fruit Juices (Orange, Apple & Cranberry)

## 'Contiental Buffet Breakfast'

Compote of Berries, Natural Yoghurt & 'Heather' Honey

Platter of ripe assorted Melon

Fresh Fruit Salad Pink & White Grapefruit, Tangerines, Melon, Pineapple,

Blueberries ,Crème Fraiche

'Spoff' Muesli & homemade Granola, toasted Seeds

Platter of Cheeses, Cured Sliced Meats & Beef Tomato

Fresh Butter Croissants, soft Morning Rolls with Preserves & Butter

Organic Ground Coffee, Fair-Trade Tea, Fruit Juices (Orange, Apple & Cranberry)